

Name

Andronas, Nikolaos

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Education

University of L'Aquila, Italy, Medicine, 2000

Specialty

Attikon University Hospital, 2012

Postgraduate Degree - PhD

PhD candidate at the National and Kapodistrian University of Athens, Medical School. Thesis entitled "The effect of cognition on the driving ability of patients with Parkinson's disease"

Clinical experience

2019 - Present	Sleep & Memory Center and Staff Neurologist, Cognitive Behavioral Sleep Medicine Fellow, Neurological Institute of Athens
2024 - Present	Consultant Neurologist, Mediterraneo Hospital, Athens, Greece
2001 - 2003	Medical Doctor at the Military hospital "95-TYEΘ" of Rhodes, Greece and at the Special military forces "1-MAA" Maleme, Chania, Crete, Greece, during the military service in Hellenic Army.
2003 - 2004	Medical-Rural Doctor, Amariano, Heraklion, Crete
2004 - 2005	Internal Medicine Resident, Department of Internal Medicine, National Health System, "Agios Nikolaos" General Hospital, Crete, Greece
2005 - 2005	Psychiatry Resident, Department Psychiatry, National Health System "Korgialenio-Mpenakio Red-Cross" General Hospital, Athens, Greece
2006 - 2008	Clinical fellowship, 2 nd Neurology Department, National and Kapodistrian University of Athens
2008 - 2012	Neurology Resident, 2nd Neurology Department, National and Kapodistrian University of Athens, Athens Greece
2012 - 2018	Research Associate, Memory Disorders/Dementia Unit, 2nd Neurology Department, National and Kapodistrian University of Athens, Athens, Greece
2013 - 2013	Consulting Neurologist, Galini Psychiatric Clinic, Athens, Greece
2018 - 2019	Consulting Neurologist, Athens Euroclinic, Athens, Greece
2019 - 2024	Consultant Neurologist, Athens Medical Center, Athens, Greece

Scientific activity

Upon completing his residency, Dr. Andronas joined the Memory Disorders - Dementia Unit of the Second Neurology Department of the National and Kapodistrian University of Athens as a research associate, pursuing research and receiving training in neurocognitive disorders under the mentorship of Sokratis P. Papageorgiou, MD, PHD. He joined the Neurological Institute of Athens in 2019 evaluating patients at the Sleep & Memory Center. Since 2020, he is the inaugural fellow of the Cognitive Behavioral Sleep Medicine Training Program at the Sleep & Memory Center receiving subspecialty training in Behavioral Neurology and Sleep Medicine. Since 2022 he is member of the European Sleep Research Society (ESRS)

Research

His research focuses on the driving safety ability of people with Parkinson's disease, which he pursues as a PhD candidate at the National and Kapodistrian University of Athens. The PhD thesis entitled "the effect of cognition on the driving ability of patients with Parkinson's disease" aims to investigate whether motor and non-motor symptoms of Parkinson's disease interfere with driving behavior through a simulator experiment. In particular we investigated whether easy to administer motor tasks in an outpatient clinic can predict virtual driving performance during a driving simulator.

Points of interest

Cognitive disorders, Neuro-behavioral disorders, Sleep disorders, Driving behavior in people with Neurological diseases