# Dr. Valsamidis Nikolaos, M.Sc.

General Surgeon, Medical Director, Medical Consultant in Insurance Assistance Cases, Entrepreneur

#### Contact

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Dr Nikolaos Valsamidis is an active clinical surgeon with a training at the highest level in Laparoscopic Surgery and a lifelong experience in Advanced Laparoscopic Abdominal Procedures such as Bariatric Procedures, Hernias, Cancer Surgery etc. He is leading his own team of doctors and is considered a pioneer in implementing Medical Tourism in Greece.

Furthermore, dr. Valsamidis is a Medical Consultant specializing in Insurance Assistance Cases for Travel Insurances.

### **Education**

1998 University of Copenhagen, Copenhagen, Denmark.

Master of Medical Sciences.

**Specialty** 

2005 General Surgery Specialist

Central Hospital of Kristianstad, Sweden.

#### Master degree & thesis

1998	University of Copenhagen, Faculty of Health Sciences, Master of Medical Sciences
2003	ATLS Instructor course,
2005	Title Acquisition of Expertise in Advanced Laparoscopic Surgery,
	Davos, Switzerland.
2017	Accreditation in Aviation Medicine and Aeromedical Guidelines by
	SOS International A/S



### **Working Clinical Experience**

2010- present	Mediterraneo Hospital, Glyfada, Athens, Greece
	Head of Advanced Laparoscopic Surgery & Bariatric Surgery.
2017-2018	Hygeia Hospital, Athens Greece, Medical Director of Second
	Surgical Department
2006-2010	General Clinic of Rhodes Euromedica, Greece
	Scientific Director in General Surgery.
2005-2006	Central Hospital of Kristianstad, Kristianstad, Sweden
	Consultant of Department of Surgery.
2003-2005	Central Hospital of Kristianstad, Kristianstad, Sweden
	Residency in General Surgery.
2002-2003	University Hospital of Lund, Lund, Sweden
	Residency in General Surgery.
1999-2002	General Hospital of Rhodes, Rhodes, Greece
	Residency in General Surgery.
1998-1999	Glostrup Regional Hospital of Copenhagen, Copenhagen, Denmark
	Residency in Internal Medicine.

## **Working Consulting Experience**

2003-present	Medical Consultant for SOS International A/S, Copenhagen
	Denmark
2017-present	Founder and Owner of Scandinavian Medical Services Ltd, Nicosia,
	Cyprus
2021-present	Founder, Co-Owner and Medical Director for PARSIVAL
	Assistance, Greece-Cyprus

### **Scientific Activity**

2007 Member of IFSO (International Federation for the Surgery of Obesity and Metabolic Disorders).

### **Scientific Publications**

Numerous publications of articles about Morbid Obesity in international and scientific magazines.

#### **Scientific Focus**

Endoscopic Surgery
Laparoscopic Surgery more than 2.000 Procedures
Morbid Obesity Surgery more than 1.000 Procedures
Robotic Surgery

### Languages

Greek & Danish (Native or bilingual proficiency)
English (Full professional proficiency)
Swedish & Norwegian (Full professional proficiency)
German and Dutch (Limited working proficiency)